

NAME _____ Period _____

American Red Cross REVIEW

This is to be completed in class or at home. This will be collected on MONDAY before the QUIZ. It is a grade.

Define the following terms (Use pages 2 and 3):

- Scope of Practice
- Negligence
- Advance Directives
- Battery
- Abandonment

In any emergency, you should _____ the Scene, Perform a _____, and Summon _____. (Use page 5)

Describe a PRIMARY SURVEY. (Use pages 6-7 or 22-25)

Check for _____ (by _____). Check the Victims ABCs, Open the _____ (Normally use a _____ technique. If a victim has a head/neck/spine injury, use the _____ maneuver), Look/Listen/Feel for _____, and Check _____. If the victim, is hypoxic, not breathing, or has been drowning, give the victim _____ ventilations. Check for severe _____. This should last about 10 seconds.

When would you place a victim into the HAINES (High Arm in Endangered Spine) recovery position, if _____ or _____ . Use page 9

Give at least 6 reasons to SUMMON 911. (Use pages 9-10).

Bag Valve Maneuver (BVMs) are best done with _____ rescuers. One rescuer positions and seals the mask while rescuer two gives ventilations. (Use pages 28-29)

What are the steps of the Cardiac Chain of Survival? (Use page 15)

1. _____
2. _____
3. _____
4. _____

Put the STEPS in ORDER for USING an AED (Use page 40)

- _____ Wipe the Victim's Chest Dry
- _____ Analyze the Heart Rhythm
- _____ Plug in the Connector
- _____ Deliver a SHOCK if necessary OR Perform CPR.
- _____ Turn on the AED
- _____ Stand Clear
- _____ Attach the Pads to the Victim's Chest

USE TABLE 2 on page 16 as well as Page 7 or Skill Sheets on Pages 27-39.

	Adult	Child	Infant
Age of Each Victim			
Hand Position for Chest Compressions			
Location to check pulse	carotid artery in the _____		_____ at the brachial artery
Depth of Chest Compressions			
Rate of Chest Compressions			
Length of Ventilations			
CPR CYCLE for 1 rescuer	_____ compressions per _____ breath		
CPR CYCLE for 2 rescuer	_____ compressions per _____ breath	_____ compressions per _____ breath	
Rescue Ventilations	_____ breath per _____ sec	_____ breath per _____ sec	_____ breath per _____ sec
Conscious Choking	_____ back blows _____ abdominal thrusts	_____ back blows _____ abdominal thrusts	_____ back blows _____ chest thrusts
	If an adult is pregnant and/or you cannot put your arms around them because of their size, perform _____ back blows and _____ chest thrusts instead of abdominal thrusts if they are conscious and choking.		
Unconscious Choking	Retilt the head and give _____ ventilations. Perform a finger sweep ONCE. Give _____ chest compressions, _____ Finger Sweep, Give _____ ventilations		

Learn EFFECTIVE TECHNIQUES for CHEST COMPRESSIONS on Page 16:

- Perform on _____ Surface
- Compressions are proper depth and rate as well as hand position.
- Chest fully _____ after each compression.
- CPR is performed _____ interruption.

When performing VENTILATIONS on Page 27, REMEMBER to FIRST _____ and _____ Mask, _____ Airway and _____ into the mask.

What would you do after summoning advance medical care in the following scenarios?

If a victim is coughing and clutching their throat, they are _____.

If a victim does not have a pulse and is not breathing, they need _____.

If a victim has a pulse, but is not breathing, you perform _____.

AED information (Use pages 17-19 or pages 40-41) TRUE or FALSE

_____ If a victim is wet, it is OK to use an AED if you can dry down the victim's chest and keep AED and its pads dry.

_____ You do not need to remove jewelry or body piercings when using an AED.

_____ AEDs can be used on pregnant mothers. It will not harm the baby.

_____ You may need to shave a chest before placing the AED pads on a hairy victim.

_____ If a victim has an implantable cardioverter defibrillator (ICD), do not use an AED.