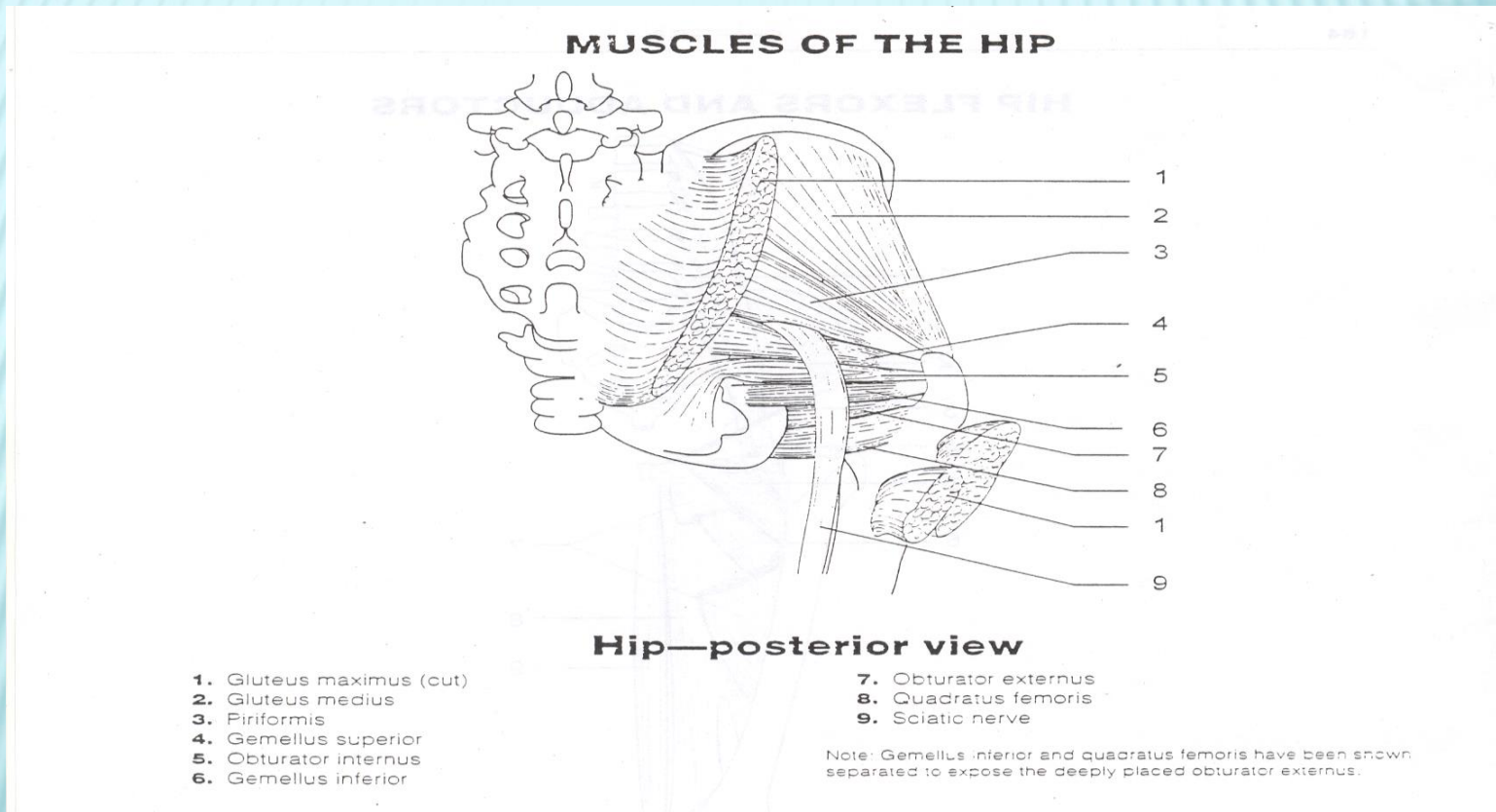
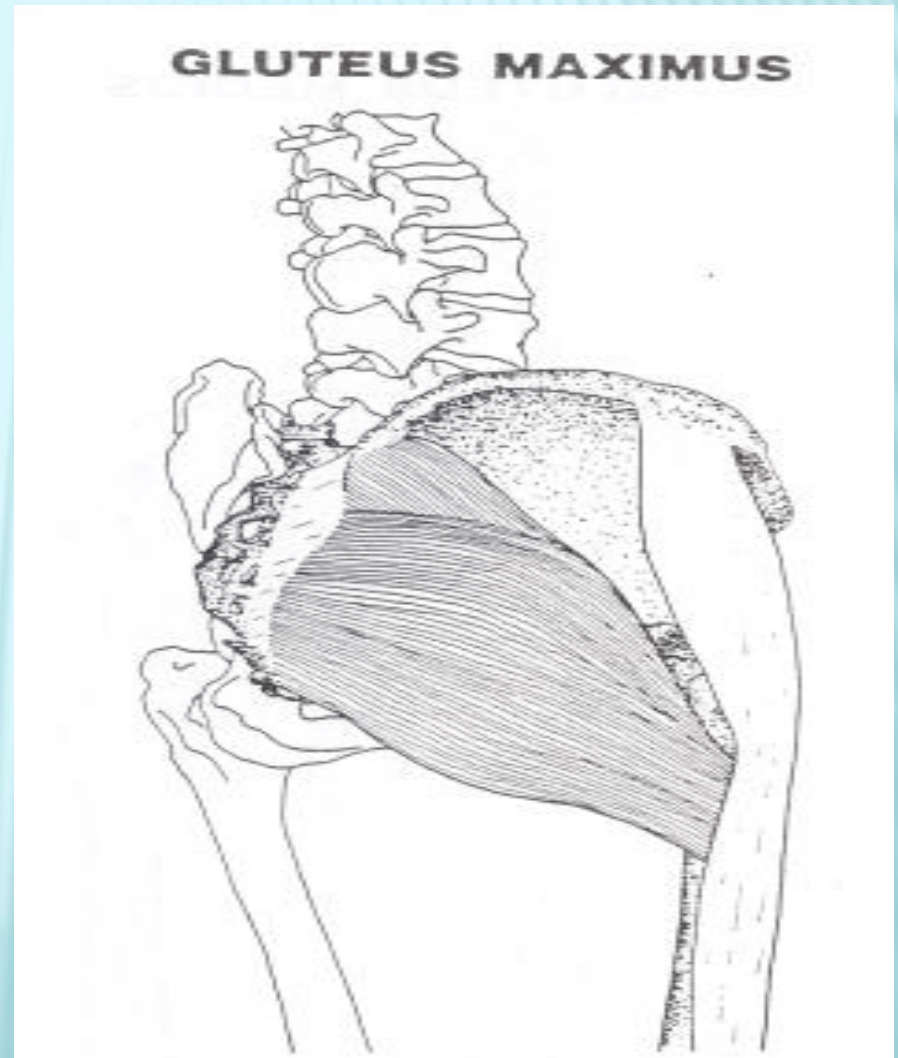


MUSCLES OF THE HIP, THIGH, GROIN, AND PELVIS

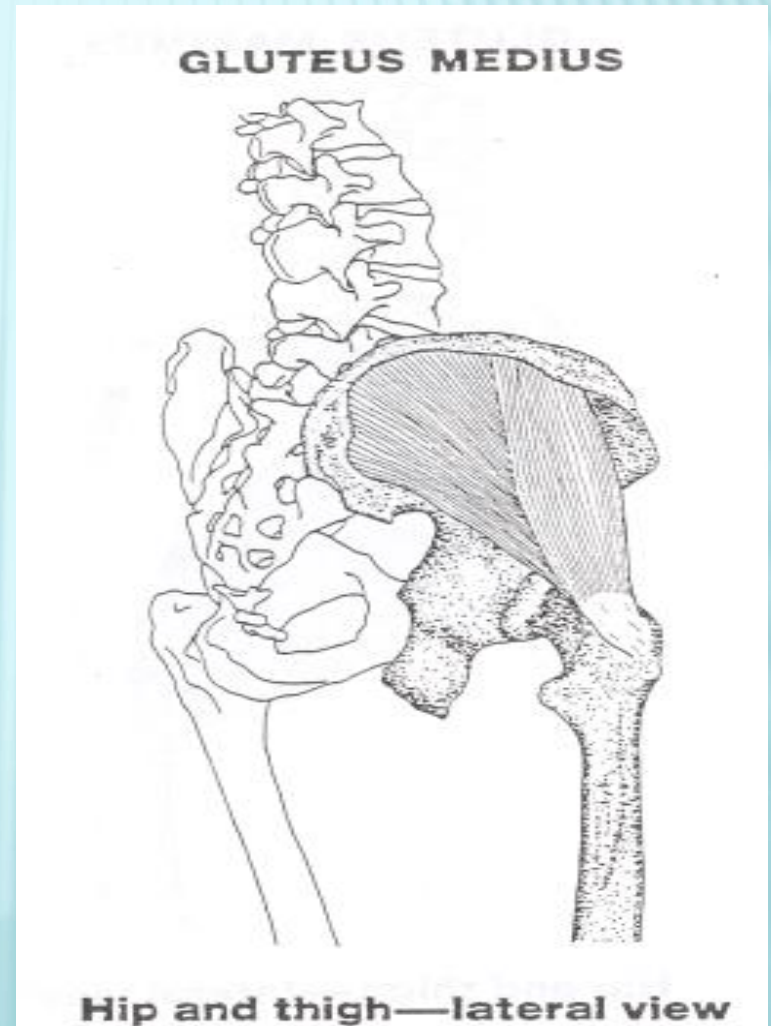
POSTERIOR HIP



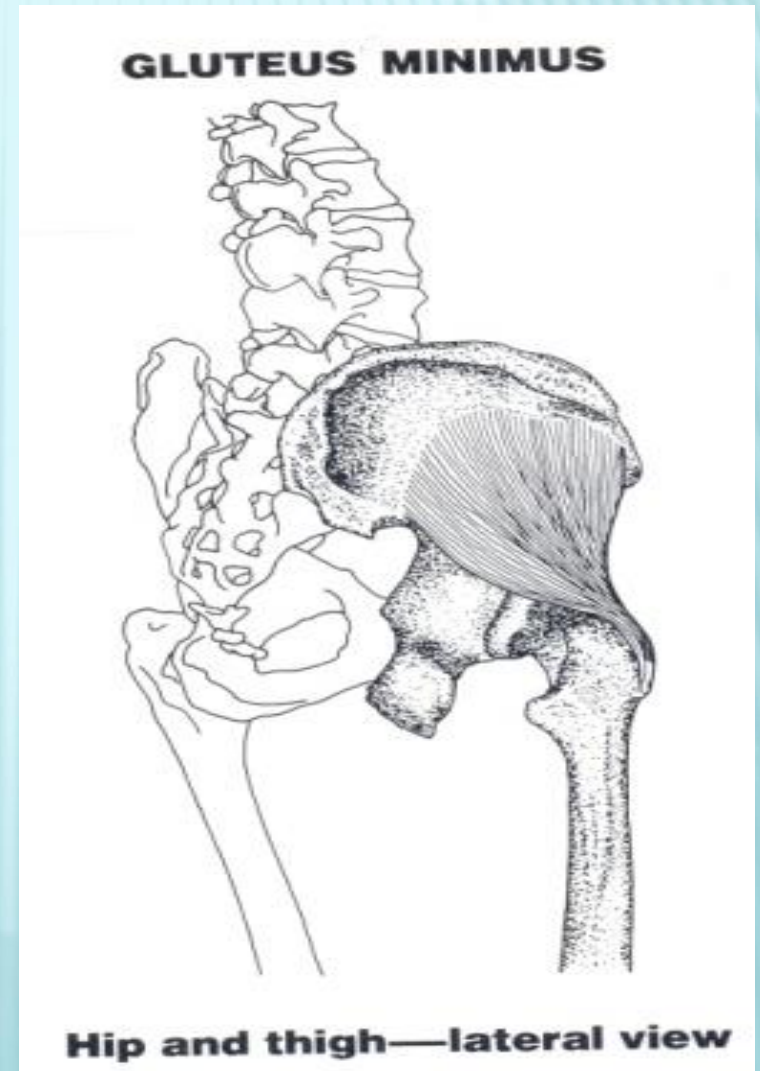
- Gluteus Maximus
 - i. Extension
 - ii. External Rotation
 - iii. Abduction of hip



- Gluteus Medius
 - i. Abduction
 - ii. Internal rotation

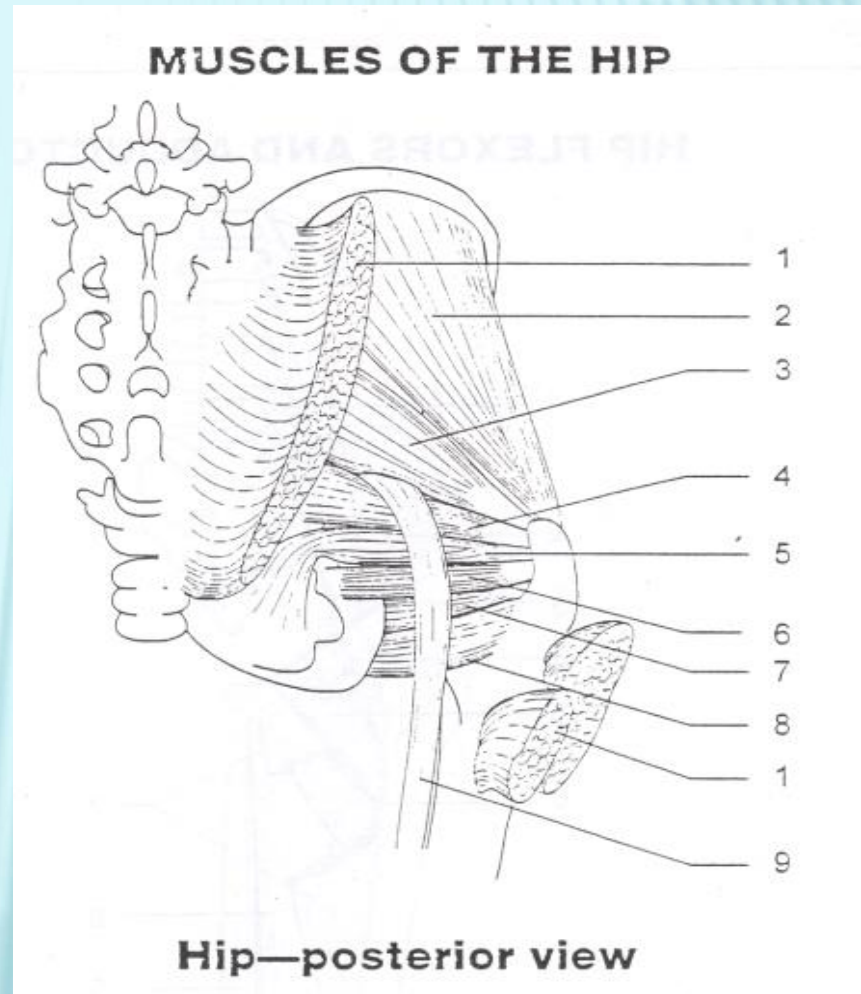


- Gluteus Minimus
 - i. Abduction
 - ii. Internal rotation

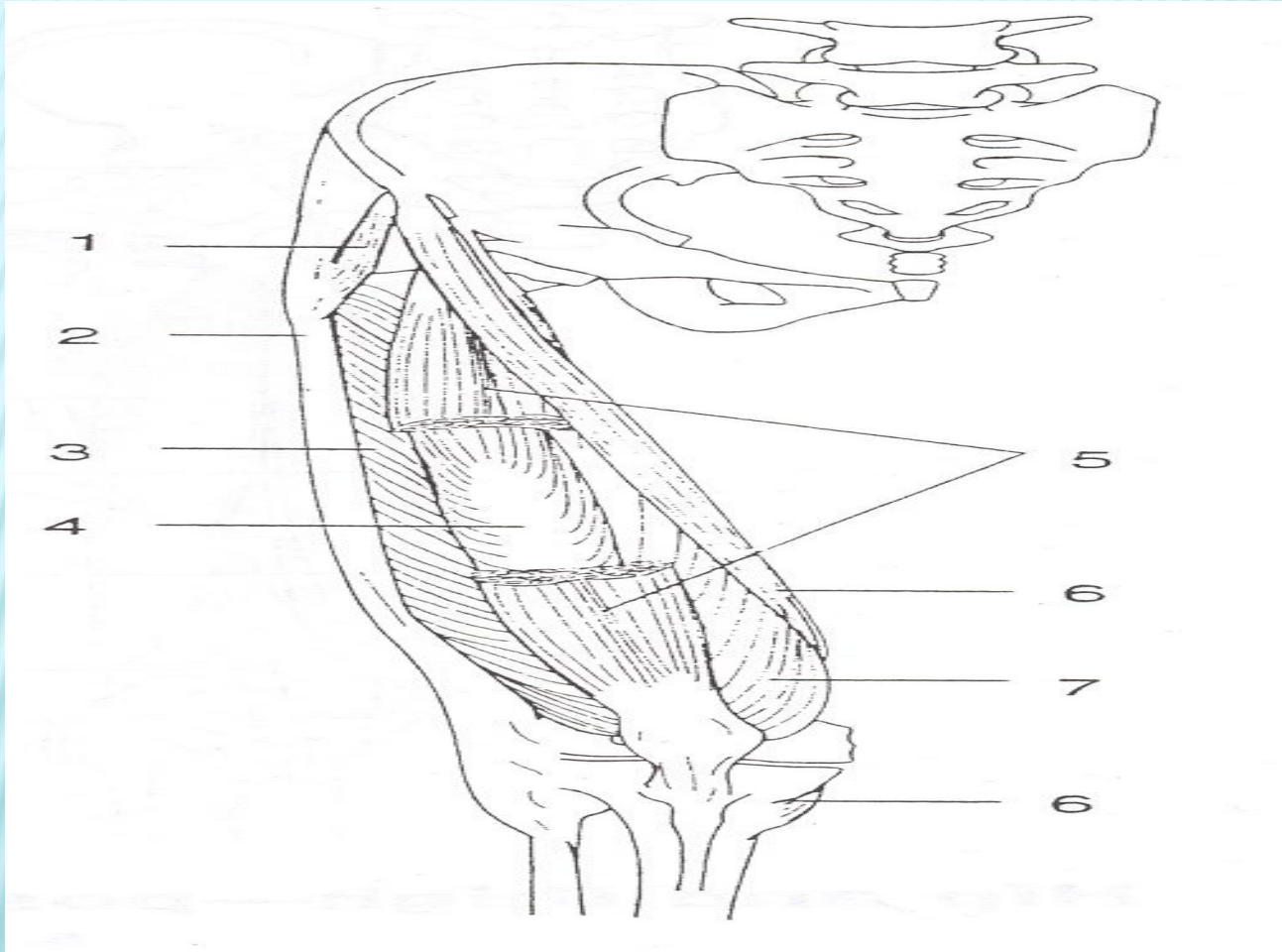


EXTERNAL ROTATORS OF THE HIP

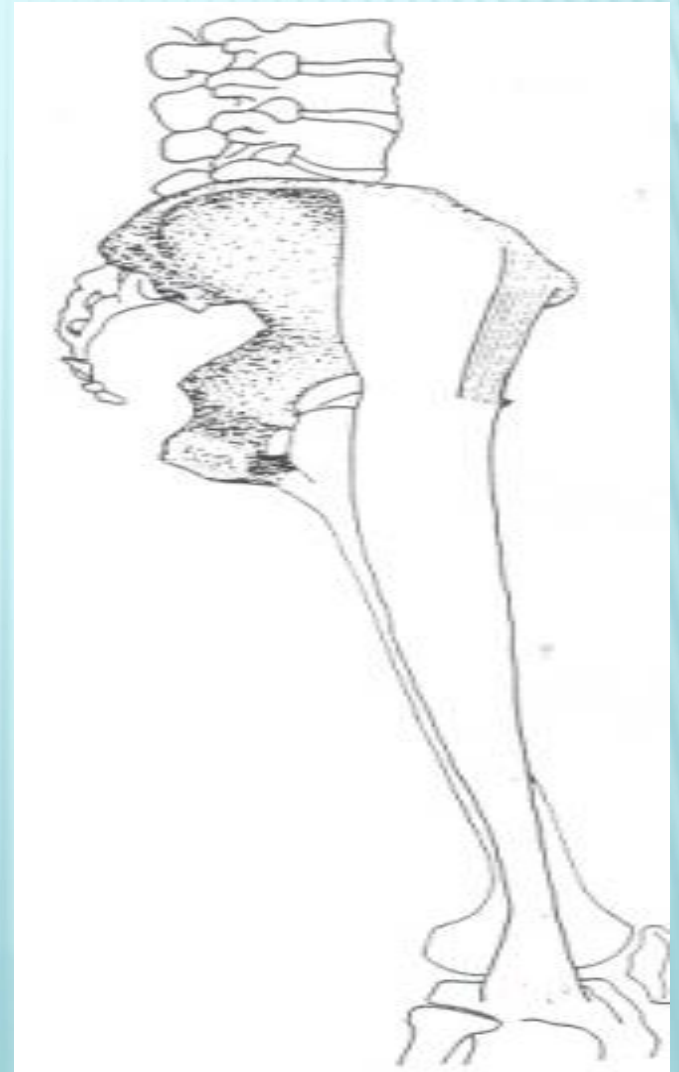
- × Piriformis
- × Gemellus Superior
- × Obturator Internus
- × Gemellus Inferior
- × Obturator Externus
- × Quadratus Femoris



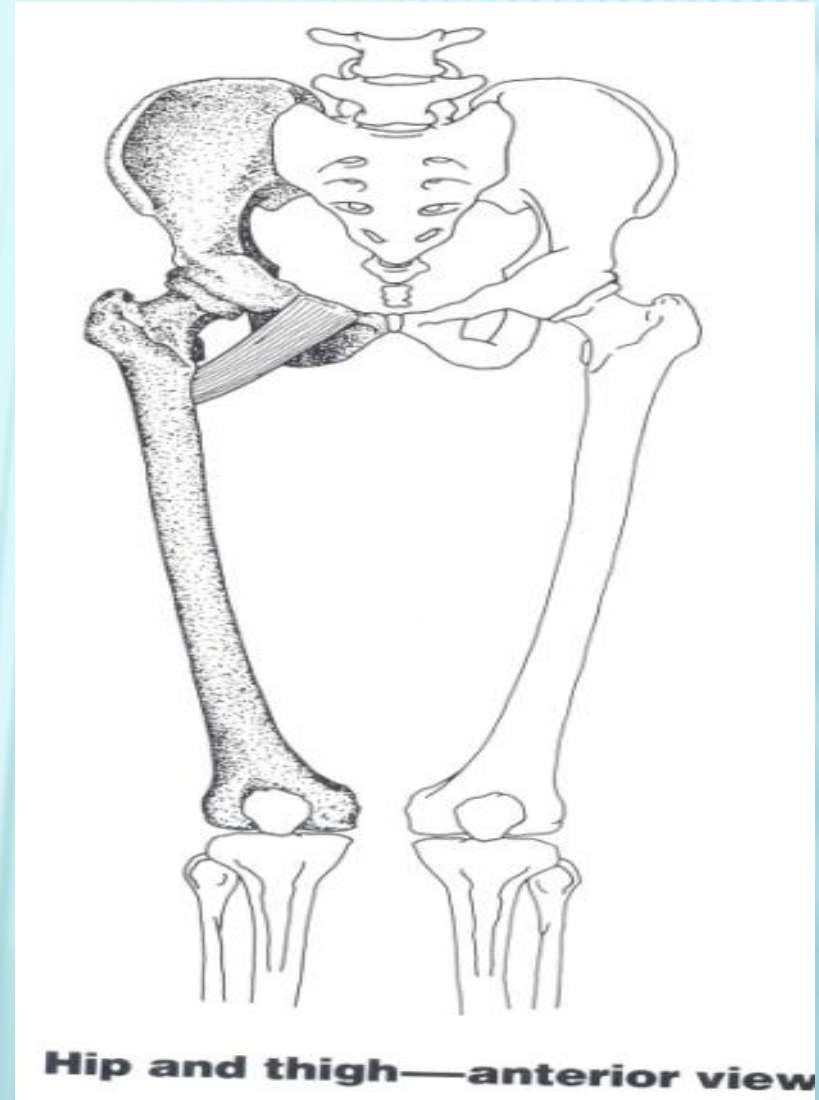
ANTERIOR THIGH



- Tensor Fascia Latae
 - i. Flexion
 - ii. Internal rotation

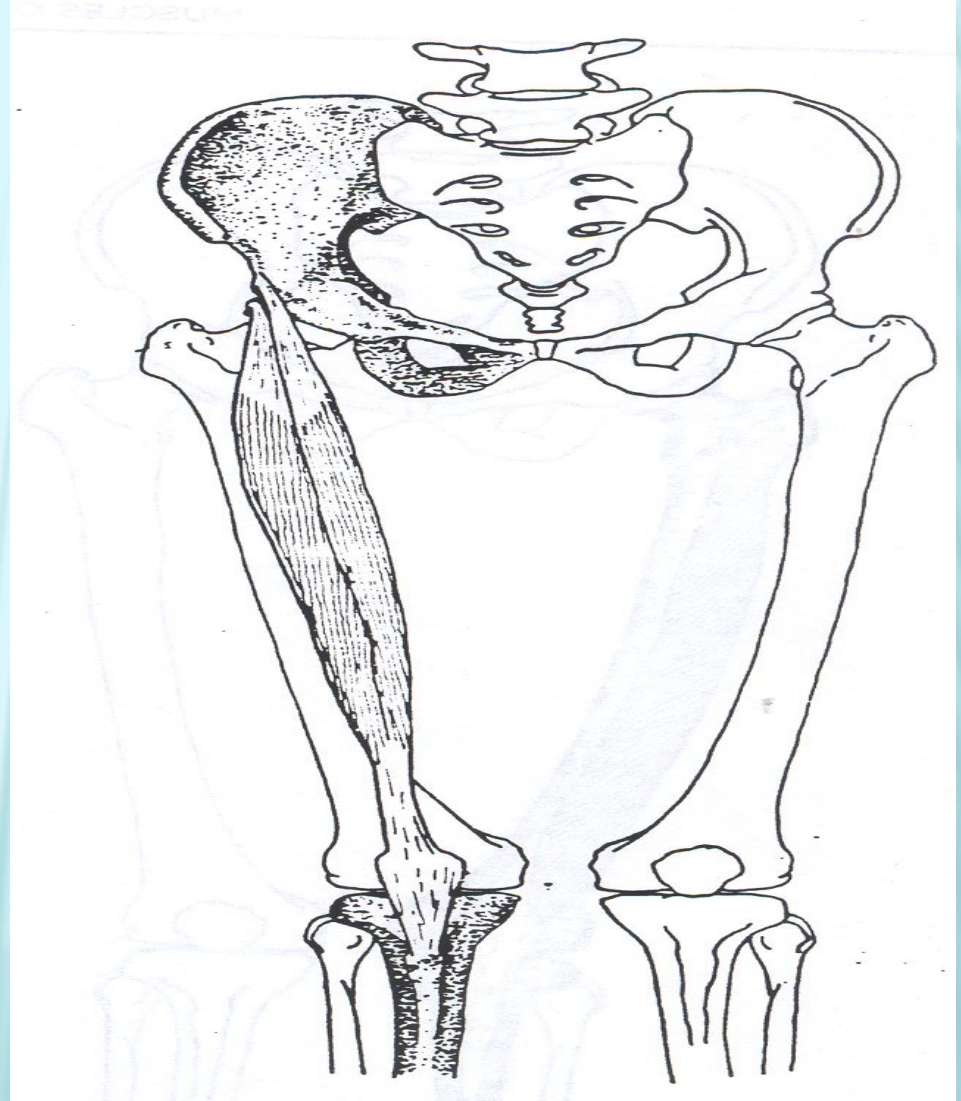


- Pectineus
 - i. Flexion
 - ii. Internal Rotation



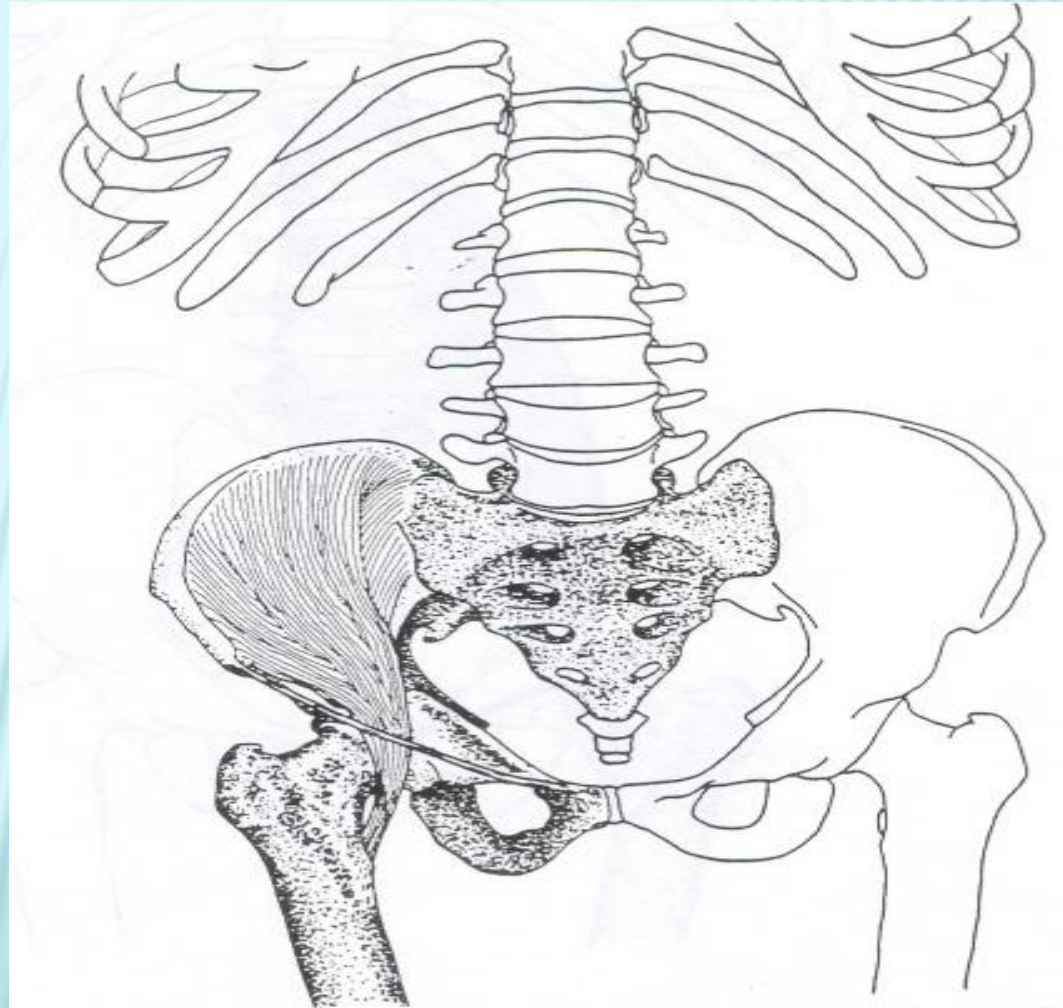
HIP FLEXION

- × Rectus Femoris



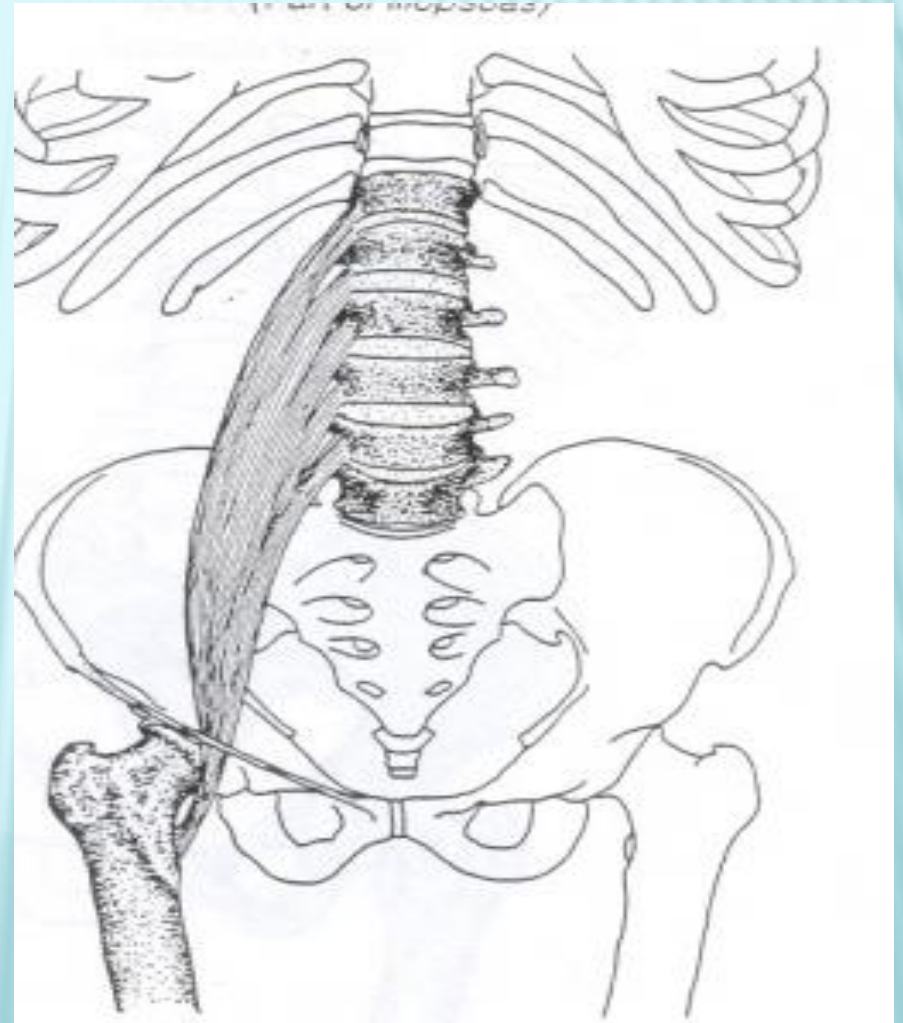
HIP FLEXION

- Iliacus



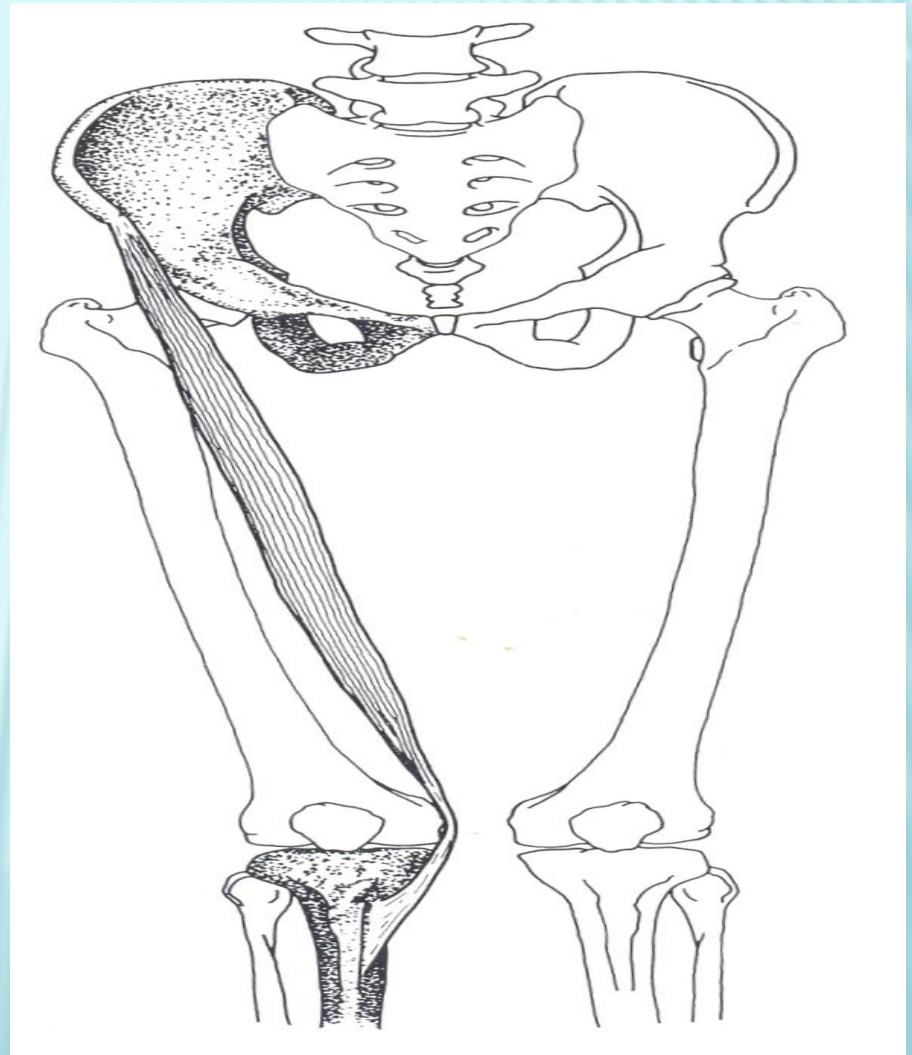
HIP FLEXION

- Psoas Major/Minor



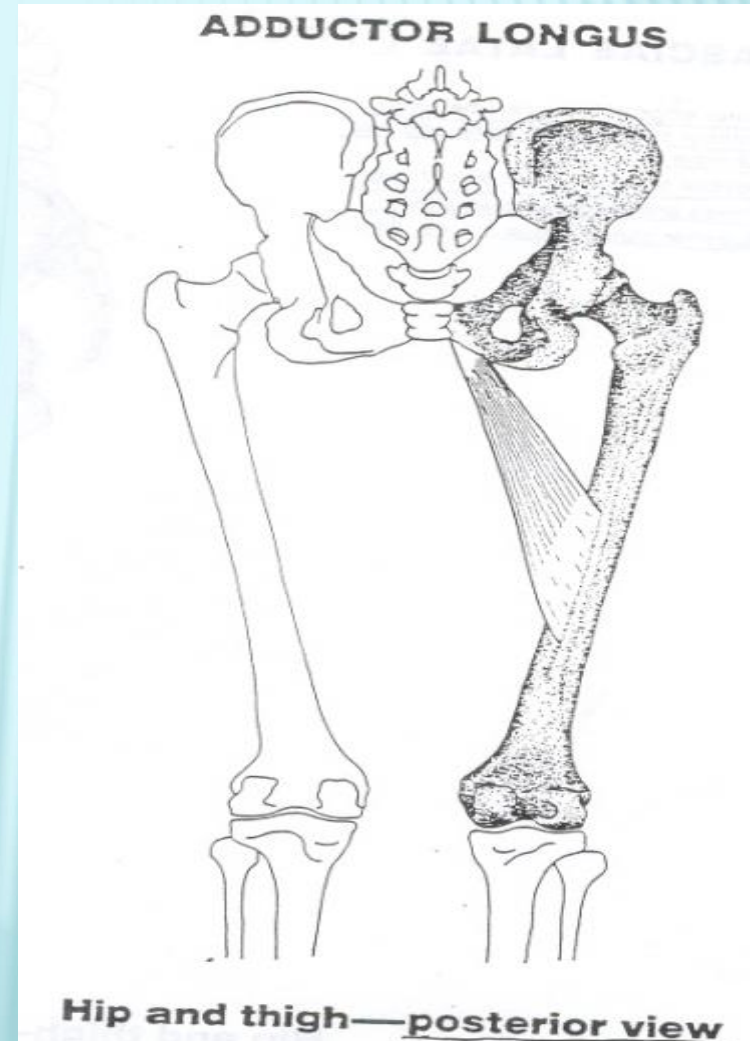
FABER

- Sartorius=FABER
 - Flexion
 - Abduction
 - External Rotation



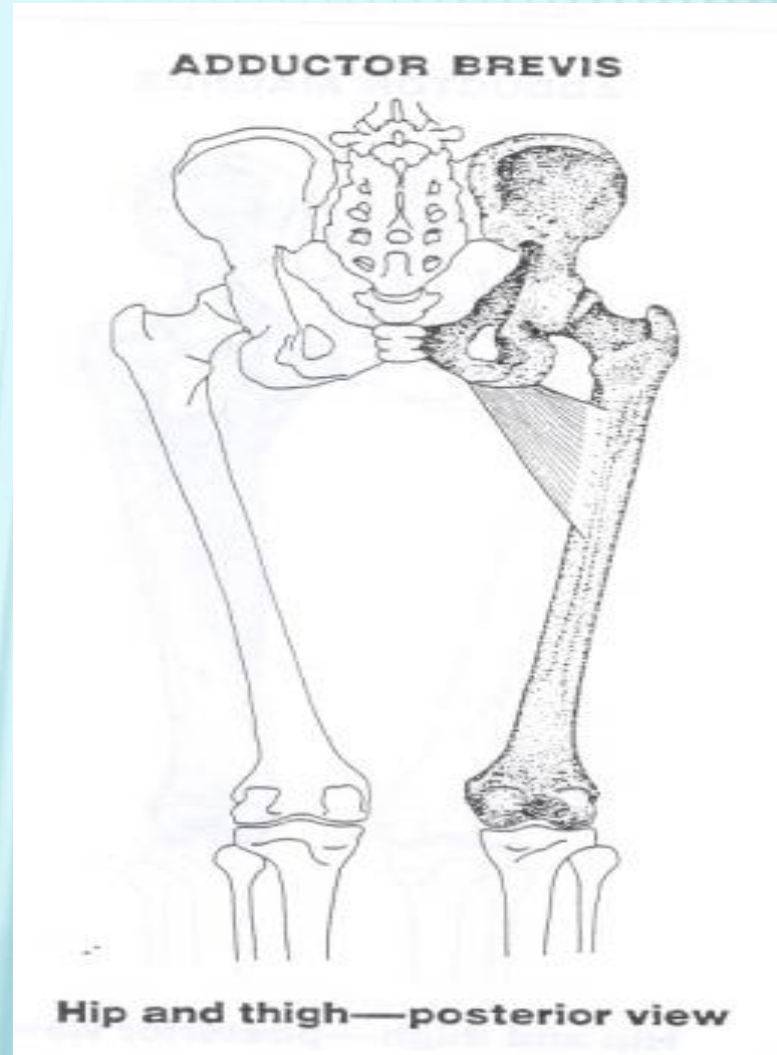
GROIN (INNER THIGH)

- Adductor Longus
 - i. Adduction
 - ii. Internal Rotation



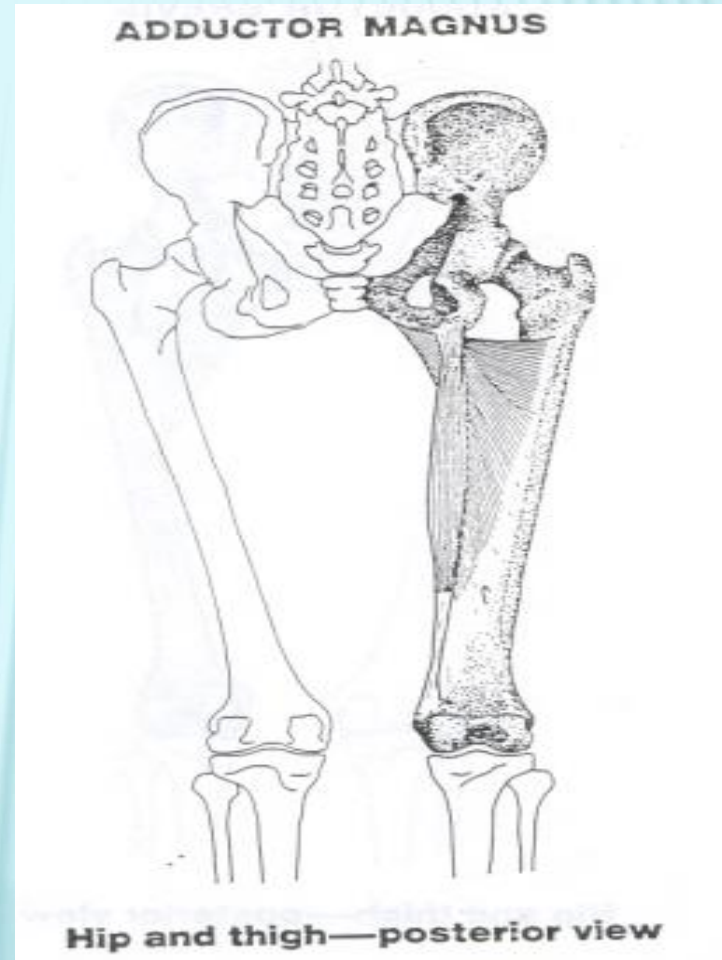
GROIN (INNER THIGH)

- Adduction Brevis
 - i. Adduction
 - ii. Internal Rotation



GROIN (INNER THIGH)

- Adductor Magnus
 - i. Adduction
 - ii. Internal Rotation



FADIR

- Gracilis= FADIR
 - i. Flexion
 - ii. Adduction
 - iii. Internal Rotation



HIP EXTENSION

- × Biceps Femoris

