Unit 1: Introduction to Sports Medicine

<u>Pathway to Becoming an Athletic Trainer</u>

Step 1: Graduate High School

- All Sports Medicine and Athletic Training degrees require graduation from high school with a minimum GPA of 2.5 is typically required for admissions into most colleges/universities.
- Having a good foundation of education and work ethic are important for success.
- O Taking Sports Medicine in high school puts you at an advantage when entering into an ATEP.

Step 2: Find a College with an ATEP & Apply

- CAATE Accrediting body for ATEPs
- OALL ATEPs must transition to a Master's degree program by 2022

Step 3: Apply to ATEP

- Ohttps://www.uwosh.edu/kinesiology/athletictraining/admissions-process/admission-to-the-program
- Each program has its own individual requirements.
- O However, most require a cumulative GPA of 2.75 or better and C's or better in applicable science courses.

Step 4: Maintain Your GPA

- Ohttps://www.uwosh.edu/kinesiology/courses-and-advising/course-descriptions/athletic-training-course-descriptions
- Course load for ATEPs are very extensive with a great emphasis on science – specifically biology, anatomy, physiology and applied biomechanics.

Step 5: Graduate College

Employers do look at your college GPA and course load when hiring.

Step 6: Sit For & Pass BOC Exam

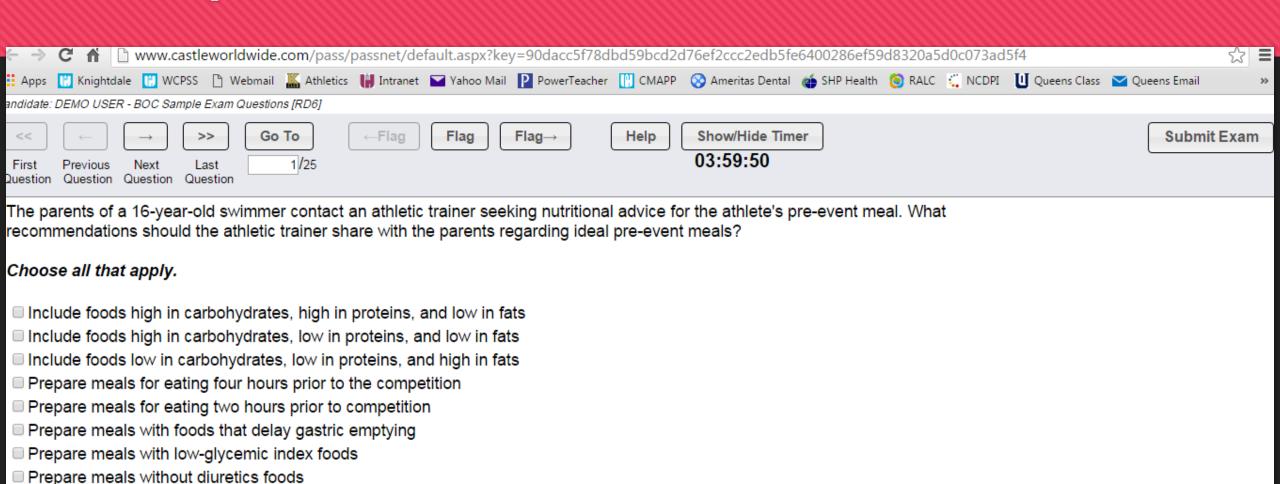
- Applying for the exam. Need a letter of recommendation from program director to take the exam.
- Fee to take the NATABOC Certification Exam \$300 (initial & retake)
- Exam takes approximately 4 hours
- Computer-based
- Includes multiple choice questions, practical exam questions,

Sample Exam Question

Unanswered: 25

Answered: 0

Flagged: 0



Step 7: Apply For Job

- O NATA.ORG
- Career Center Job postings
- O Salary Survey Average income \$48,000 based on ALL job settings.
- Average Age of a Certified Athletic Trainer 34 years old

Step 8: Apply for State Licensure

- O ATs must be licensed in order practice as an AT in the state of NC
- O NC Requirements next slide
- ONC Cost of Licensure Initial Application \$200
- ONC Cost of Licensure Renewal \$75

Requirements Checklist



North Carolina Board of Athletic Trainer Examiners

P.O. Box 10769 • Raleigh, North Carolina 27605 • (919) 821-4980

Application Information

Application Checklist

- Fee \$200.00 (Make check payable to NC Board of Athletic Trainer Examiners)
- Application Form
- BOC Certificate or Card (copy)
- Two (2) Affidavits of Moral Character
- Applicant Agreement
- Official College/University Transcript with School Seal or copy of diploma showing degree in Sports Medicine or Athletic Training
- Verification of Licensure (if licensed in other states)
- Copy of this Checklist
- Protocol
- Photograph

Step 9: Continuing Education Units

- All Athletic Trainers Must maintain their national certification through CEU's
 - 50 CEUs every 3 years.
 - 10 of those CEUs need to be in Evidence Based Practice (EBP)
 - Must maintain CPR/AED Certification at all times.

Review:

- Road to becoming an AT starts with a good foundation of schooling
- Applying and being accepted into an ATEP choose Bachelor's or Master's degree
- O Pass the NATA BOC Exam
- O Apply for a job that you enjoy not based on salary
- Apply for state licensure

Classwork

- With a partner I would like you to research ATEP programs.
 - Find 2 undergraduate programs school, city, state
 - Find 1 graduate programs school, city, state
 - What are the entry requirements for the program?
 - Observation hours, GPA, essays, interview, character references?